

## MEMBER CODE OF CONDUCT

### Completing this consent form, signifies your agreement to abide by the club's code of conduct.

Cuckmere Valley Canoe Club is fully committed to safeguarding and promoting the wellbeing of everyone involved in the club.

All members are expected to:

- Co-operate fully, respect all requests and decisions made by the coaches and helpers and abide by all safety instructions given by the coach supervising your group. Please remember that all the club coaches are volunteers.
- Control your temper and avoid behaviour which may affect or upset others.
- Be considerate and respectful to other paddlers and water users - treat others as you would want to be treated.
- Arrive in plenty of time and be ready for a pre-paddle briefing.
- Wear suitable kit for paddling as agreed with your coach, including buoyancy aid and helmet, as required.
- Inform the session leader of any relevant medical issues or concerns.
- Take care of all property belonging to the club or any club member and be responsible for caring for your own equipment and clothing.
- Not leave sessions without the permission of the coach or leader. When you are in the care of the club you must not leave the barn/car park area except with your coach.
- Sign out at the end of a session.
- Not smoke, consume alcohol or drugs of any kind whilst on club premises or participating in events with the club.

Parents/ carers of any junior members are expected to abide by the above Code of Conduct and direct the junior to do the same. In addition, parents/ carers are expected to:

- Deliver and collect your child at the agreed times. For children aged 8-12, you must stay by the water; for children aged 12-18, you must leave contact details and remain local to the water so that if there is a problem at any time during the session a member of the club can contact you.

### Improving the club:

All committee members represent the club and welcome any comments, feedback and suggestions for improving your experience of paddling with CVCC.

The club has Junior Representatives who attend committee meetings and have a specific responsibility to represent junior members' views. Juniors can ask them to put any suggestions or concerns to the committee.

### Welfare:

The club has a Welfare Officer who has particular responsibility for the welfare of juniors (and 'adults at risk'). Please tell the Welfare Officer, your parents/guardian or another adult you are comfortable to talk to if there is anything preventing you enjoying club sessions or making you feel frightened or anxious while you are with the club.

Junior Officers: Matthew R & Bonnie A

Welfare Officer: Kate Waite

Member Liaison: Ann Walton

Committee members can be contacted via [cvcc@cvcc.org.uk](mailto:cvcc@cvcc.org.uk) and there is always a committee member at the Sunday sessions.

## PADDLESPORT CONSENT FORM

Name of paddler \_\_\_\_\_

Date of Birth (if under 18) \_\_\_\_\_

Signature of paddler (or parent/guardian for under 18s)

\_\_\_\_\_ Date \_\_\_\_\_

Print name \_\_\_\_\_

Emergency contact number \_\_\_\_\_

Name of Emergency contact \_\_\_\_\_

Photographic consent: CVCC would like to use anonymised photos of paddlers participating in club activities on its website and social media channels. Please let the coach or a committee member know if you are **not** happy for your/ your child's photo to be used.

### Declaration:

- I understand that there are risks inherent in water-based sporting activities. Risk assessments have been made by the club and action taken to reduce risks.
- I understand that the club/ organisers accept no responsibility for loss, damage or injury occurring during participation in a club activity.
- I understand that CVCC is insured through British Canoeing for its public liabilities and that there is no personal accident cover for participants.
- I have informed the club of any relevant medical conditions.