



# Cuckmere Valley Canoe Club

[www.cvcc.org.uk](http://www.cvcc.org.uk)

## JUNIOR CODE OF CONDUCT

Cuckmere Valley Canoe Club is fully committed to safeguarding and promoting the wellbeing of everyone involved in the club. The club has codes of conduct for adult and junior members of the club.

As a junior member of Cuckmere Valley Canoe Club you are asked to abide by the following rules at all times:

- Co-operate fully, respect all requests and decisions made by the coaches and helpers and abide by all safety instructions given by the coach supervising your group.
- Control your temper and avoid behavior which may affect or upset others.
- Be considerate and respectful to other paddlers and water users - treat others as you would want to be treated.
- Wear suitable kit for paddling as agreed with your coach, including buoyancy aid and helmet.
- Take care of all property belonging to the club or any club member – and be responsible for caring for your own equipment and clothing.
- Do not leave sessions without the permission of the coach or leader. When you are in the care of the club you must not leave the barn/car park area except with your coach.
- Remind your parent/guardian to sign you out at the end of a session.
- Do not smoke, consume alcohol or drugs of any kind whilst on club premises or participating in events with the club.

### Improving the club:

Suggestions for improvement of any aspect of the club are welcome. The club has a Junior Representatives who attends committee meetings and has a specific responsibility to represent junior members' views. You can ask them to put your suggestions or concerns to the committee.

### Welfare:

The club has a Welfare Officer who has particular responsibility for the welfare of juniors (and 'adults at risk'). Please tell the Welfare Officer, your parents/guardian or another adult you are comfortable to talk to if there is anything preventing you enjoying club sessions or making you feel frightened or anxious while you are with the club.

**Junior Representatives and Welfare Officer are identified on the Club website under the About us and Volunteers tab**

**Junior Officers: Frances Jones & Megan Early**

**Welfare Officer: Helen Frost**

**CUCKMERE VALLEY CANOE CLUB WANT ALL PADDLERS TO IMPROVE THEIR SKILLS AND HAVE FUN**