



# Cuckmere Valley Canoe Club

## Group Session Sign-Up Form

Date: \_\_\_/\_\_\_/\_\_\_ Bib Colour: \_\_\_\_\_ Group Ability: \_\_\_\_\_

Planned Activity: \_\_\_\_\_ Target return time to the Barn: \_\_\_\_\_

Coach Name: \_\_\_\_\_ Weather Conditions: \_\_\_\_\_

Paddler – please check that you have or can use the correct equipment required for this session and inform your coach of any medical conditions / medication.

**\* Juniors must be signed in and out by a parent/guardian. You must confirm with the coach they accept care of the junior member before leaving them**

	<b>Paddler Name</b>	<b>Emergency Contact Name &amp; Number</b>	<b>Junior Y/N</b>	<b>*Signed In Parent/Guardian</b>	<b>*Signed Out Parent/Guardian</b>
1					
2					
3					
4					
5					
6					
7					
8					

**Do not add names to the bottom of this list! If there are no spaces left, please add your name to another list. Coaches are only able to take 8 people.**

Incidents: